

## ABSTRACT OF THE DISCLOSURE

When a head of a pack that can be a start point of consecutive recording is included in an ECC bank, data indicating this is set in an ECCTB (H in FIG. 2). When a head of a pack that can be a start point of consecutive recording is not included in the ECC bank, data indicating this is set in the ECCTB. Thus, when performing consecutive recording, a recording apparatus refers to contents of ECCTBs to detect a consecutive recording start allowing point closest to a point where a user desires to start consecutive recording, and starts the consecutive recording at the detected point.